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| **SOFIA UNIVERSITY “ST. KLIMENT OHRIDSKI”** | | | | | | |
| **DEPARTMENT OF SPORT** | | | | | | |
| **SHEDULE** | | | | | | |
| **Yoga** | | | | | | |
| **Part time assistant: Sandip Kumar** | | | | | | |
| **Academic year 2025/2026 – winter semester** | | | | | | |
|  | **08.00-9.30** | **09.00-11.00** | **10.30-12.00** | **12.00-13.30** | **14.00-16.00** | **16.00-17.30** |
| **Monday** | Yoga |  |  |  |  |  |
| Sandip Kumar |  |  |  |  |  |
| **Tuesday** |  |  |  |  |  |  |
|  |  |  |  |  |  |
| **Wednesday** | Yoga |  |  |  |  |  |
| Sandip Kumar |  |  |  |  |  |
| **Thursday** |  |  |  |  |  |  |
|  |  |  |  |  |  |
| **Friday** | Yoga |  |  |  |  |  |
| Sandip Kumar |  |  |  |  |  |
| Classes are held: in “Aditi Yoga Studio”, 51 Cherni Vruh Blvd.  Director of the Department of Sport: Prof. Boryana Tumanova, PhD | | | | | | |